

## Pamper Packages

### Pick 'n' Mix Package

Choose any 2 of the 30min treatments below:

Mini Facial  
Foot & Leg Massage  
Back, Neck and Shoulder Massage  
Indian Head Massage  
Arm & Hand Massage

60mins €60.00

### Rejuvenation Package

A Full Body Aromatherapy Massage and  
a Mini Facial

Or

1 Hour Trilogy Facial with a Back, Neck  
and Shoulder Massage

90mins €90.00

### Mid- Week Me-Time

(Monday-Thursday \* excluding holidays)

Full Body Massage OR Trilogy  
Revitalising Facial

60min €60.00

Back, Neck and Shoulder Massage  
OR Mini Facial

30mins €30.00

### Mum to Be

This package includes:

60min Trilogy Facial  
Foot & Leg Treatment (Foot Scrub, Foot  
Mask & Foot and Leg Massage)

90mins €90.00

Treatment Room credit on accommodation packages cannot be used in conjunction with any Pamper Packages, Spa Offers or Promotions.

Call **042 967 1330** or in-house **ext: 365** to make an appointment

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THE TREATMENT ROOMS AT

**NUREMORE**  
HOTEL AND COUNTRY CLUB

## trilogy<sup>®</sup> Facial Care

The Trilogy range is formulated using botanical extracts, which work in harmony with your skin. Certified Organic Rosehip Oil is the main ingredient of the full range. Rosehip is a powerful beauty oil for healthier, younger looking skin. Trilogy's unique Rosapane provides intense hydration plus daily antioxidant protection.

### Trilogy Express Facial

The perfect facial therapy in a hurry. Our skilled team of therapists will provide a prescriptive treatment designed especially for your skins needs

30mins @ €45.00

### Trilogy Revitalising Facial

This relaxing and revitalising facial is customised to your individual skin needs based on a consultation and skin analysis with your Therapist.. making it a treatment.. that's different every time.

60mins @ €70.00

### Luxury Trilogy Facial, Back and Scalp Treatment

All embracing treatment incorporating a customised Trilogy Facial, an aroma pressure point massage, back exfoliation and aromatic Back Massage

1hr 25mins €115.00

### Luxury Trilogy Facial, Back and Scalp Treatment with Hot Stones

Upgrade your luxury Facial, Back and Scalp Treatment to incorporate Hot Stones. The Stones are placed along the spine, shoulder and neck to stimulate and balance vital energy points

1hr 25mins €130.00

## Body Care

### Aromatic Moor Algae Mud Wrap

A warm rich aromatic moor mud, rich in vitamins, minerals and enzymes, is generously applied to the entire body. It stimulates and invigorates the body, bringing a state of deep relaxation and well being. Excellent for rheumatism, arthritis, muscle cramps and boosting the body's immune system.

55mins €85.00

### Jojoba Full Body Polish

A rich creamy textured skin refining body scrub to remove impurities and rough skin. Gentle and deep cleansing, this body polish uses natural Jojoba granule to activate the blood circulation without harming the fine capillaries, leaving the skin soft, silky and smooth

30mins €50.00

## Body Massage

### Hot Stone Massage

This technique has been used for thousands of years for the harmonizing, cleansing and relaxing of the body. Volcanic in origin, basalt lava stones from deep in the earth are rich in minerals, heated and used in this intensive energy work.

30mins €60.00 60mins €90.00 90mins €120.00

### Aroma Massage

A therapeutic massage for complete relaxation using a blend of the highest quality essential oils. Available in two different blends: Relaxing & Soothing or Contouring & Detoxifying.

30mins €50.00 60mins €85.00

### Indian Head Massage

This specialized technique has been used for many years. By focusing on the pressure points we use it to promote relaxation, relieve headaches and reduce stress and tension.

25mins €40.00

## B-Perfect Tan

Half Body Tan €12.00

Full Body Tan €22.00

## Waxing

Full Leg €25.00

Half Leg €15.00

Under Arm €10.00

Lip or Chin €9.00

Lip & Chin €15.00

Bikini Standard High Leg €12.00

Eyebrow Shape €8.00

Eyelash Tint €12.00

Eyebrow Tint €10.00

Eyelash, Eyebrow Tint & Shape €23.00

## Nails

File & Paint €12.00

Manicure €35.00

Mini Manicure €20.00

Pedicure €35.00

Mini Pedicure €20.00

2-3 week Gel Polish €25.00